

RECIPE: HAM AND CHEESE QUICHE

SOURCE: MOM

INGREDIENTS/INSTRUCTIONS

1 can ham, flaked

2 T chopped onion

1 1/2 T flour

3 eggs, beaten

1 1/2 cups cheddar or swiss cheese

garlic

parsley

1 cup evaporated milk

salt and pepper to taste.

Combine ham, cheese, onion, garlic, parsley, and flour.

Put into partially thawed pie crust (deep dish).

Mix the milk, eggs, salt, and pepper and pour over

ham mixture. Bake 15 minutes at 450 degrees and turn

oven down to 350 and bake for 25 minutes.